



## Kilifi County Nourishes Dreams with 'Muswa' Porridge



*Figure 1 Fortified 'Muswa' porridge flour, specially formulated by Kilifi County to combat child malnutrition and support healthy growth in ECDEs*

Kilifi County is tackling childhood malnutrition head-on with its homegrown 'Muswa' porridge programme. Launched in 2022 under the County Nutrition Action Plan (2024–2029), the initiative provides specially fortified porridge to all 813 public Early Childhood Development Centers (ECDEs), reaching over 50,000 young learners.

Each cup of 'Muswa' delivers essential nutrients such as protein, calcium, iron, zinc, and iodine, supporting healthy

growth, cognitive development, and immunity. The programme not only combats stunting but also keeps children in school, reduces the burden on families, and lays the foundation for a healthier, more educated future workforce.

“This is more than just a feeding programme; it is an investment in the future of Kilifi. By taking charge of our unique nutritional challenges, we are exercising the very essence of devolution, using our resources and understanding of local needs to create effective, sustainable solutions,” said H.E. Gideon Maitha Mungaro, Governor of Kilifi County.

What initiative has your County taken to improve child nutrition and reduce stunting?

Visit <https://maarifa.cog.go.ke/> to learn more about the successful initiatives on service delivery our Counties are undertaking.

**By Steve Konde**

**Kilifi County**